# Why New Hope Vineyard has teamed-up with Practicing the Way

With dynamic, interactive resources this discipleship program offers easy onramps throughout the year, so you can pick up a session when you can.

Annual sessions begin with an 8-week foundational course called "Practicing the Way". This basic course is followed by several 4-week sessions called "Practices".

## Practices include:

- Sabbath
- Prayer
- Fasting
- Solitude
- Generosity
- Scripture
- Community
- Service

Each course offers a time of discussion and digging deeper into God's word. The focus, though, is not academic, but community! We do nothing in a vacuum, and "doing life" as a church family is a critical part of who we are.

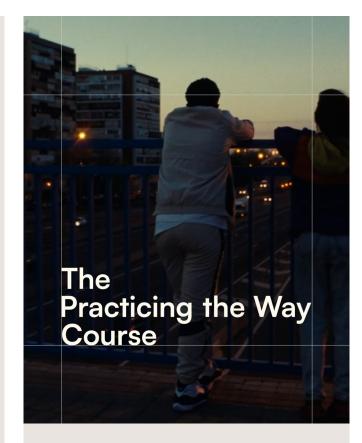
Practicing the Way

practicingtheway.org



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# The Practicing the Way Course...

is designed to get you started on your journey of spiritual formation, help you get unstuck if you've stalled out, or guide you into taking your next step. Ultimately, its goal is to train you to live as an apprentice of Jesus: to be with Jesus, become like him, and do as he did

From "Practicing the Way" ~ John Mark Comer



# Following Jesus ...

has long been likened to a spiritual journey. When Jesus invited his first disciples to follow him on the "way," he was simultaneously saying that discipleship to him is a lifelong path.

The Practicing the Way Course... features eight sessions of teaching, guided conversation, and spiritual exercises designed to lay a lasting foundation for a meaningful, lifelong apprenticeship to Jesus

The Practicing the Way Course... is offered once a year at New Hope Vineyard and is open to anyone. Whether this is your first time in church or you've been coming for years; you can participate and get something truly meaningful out of it.

The Practicing the Way Course... guides us to:

- Be Like Jesus
- Become Like Him
- Do as He did

The next Practicing the Way Course will begin:

January 7, 2026



#### Session 01:

Following Jesus

#### Session 02:

Formation Part 1

#### Session 03:

Formation Part 2

#### Session 04:

The Practices

## Session 05:

Meeting God in Pain and Suffering

#### Session 06:

Healing from Sin

### Session 07:

Crafting a Rule of Life

## Session 08:

Life Together

# What to Expect

Here is what a typical Practicing the Way session looks like...

The room will be set with tables, chairs, and a video screen. There will be food and drinks available (since eating together has always been such a big part of community).

Participants find a seat at a table with their "table group" for the evening. Your "table group" is who you will eat with and have conversation with for that evening. It can be the same group every session or you can mix it up and sit with different people each time,

Throughout the evening there will be video clips; each with a different message, followed by interactive conversation around the table with your group.

Each session takes about 2 hours. Feel free to participate at any level at which you feel comfortable: talk a lot, talk a little, listen and contemplate... it's up to you!

The goal of these sessions is to "do life" together as we grow individually and together as followers of Jesus.